

Marymount Hospital - Celebrating Our Legacy, Building Our Future

Introduction

Marymount Hospital is committed to promoting and sustaining the Mission of the Church to continue the healing ministry of Jesus as well as the Franciscan heritage of the founder and sponsor, the Sisters of St. Joseph of the Third Order of St. Francis.

Just as the Mission of the Sisters of St. Joseph, TOSF is to promote the dignity and the spiritual well-being of every individual with whom and to whom they minister, so too Marymount Hospital's Mission and health care ministry strives to do the same.



A Faith-filled History of Responding to the Needs of the Human Family

The Sisters of St. Joseph of the Third Order of St. Francis is a religious community founded in 1901 in Stevens Point, Wisconsin by a group of women who chose to leave the safety of their religious community in order to start another. They felt called by God to respond to the needs of the then-growing Midwest Polish population. Their faith, their courage, and their efforts were blessed and they quickly grew and flourished.

By 1908 they were asked and once again responded in faith by sending sisters to Ohio to staff Polish parish schools in Cleveland and Lorain. By 1926 there were so many sisters in the Ohio/Michigan area the community could not afford to send them all back to Stevens Point annually for retreat and ongoing education. A province was established in Cleveland and a Motherhouse built in Garfield Heights.

Today the entire campus is known as the Marymount Intergenerational Health and Education Campus and is home to several flourishing ministries in a beautiful 52-acre park-like setting – Marymount Hospital, Village at Marymount, Trinity High School, Marymount Child Care Center, The Franciscan Center, outdoor Stations of the Cross, national Shrines of the Sacred Heart and Our Lady of Czestochowa as well as the original Convent which is the cornerstone of the campus, location for several of the ministry services and retirement home for the sisters.



Marymount Hospital, 60 Years and Growing

When the dedication of Marymount Hospital took place on Sunday, October 30, 1949, thousands gathered to celebrate the accomplishment of what had at times been a daunting task to accomplish. The Sisters had been approached by a group of doctors and local prominent businessmen. There was a need and once more they chose to respond to that need. By 1949 they had been granted permission to purchase 15 acres of land adjacent to the Provincial Convent and to borrow \$750,000.00 to begin building a hospital to bring much-needed health care services to the southern and southeastern regions of Cuyahoga County. Volunteers, corporations, parishes, schools, doctors, and the sisters themselves had worked tirelessly to raise additional funds. Plans were temporarily



halted when building materials were needed for war efforts and therefore were not available for construction. Because the need was so great, everything fell into place and Marymount Hospital opened with 125 beds and admitted 6,074 patients during its first year of operation. Located in a fast-growing suburban area, Marymount catered to young families drawn to the location for the opportunities it afforded in reasonably priced homes, easy access to downtown Cleveland, good school systems, and a wealth of job opportunities. Within three years, Marymount added another 65 beds and added residency programs in medicine, surgery, and anesthesia. Because of their historical commitment to education, the Sisters pledged to expand educational opportunities for the neighborhoods with the openings of schools to train licensed practical nurses, radiology technicians, and medical record technicians.



Throughout the 1950s and 60s, the hospital flourished under the stewardship of the Sisters of St. Joseph of the Third Order of St. Francis, expanding bed capacity and clinical services. On October 30, 1969, ground was broken for a Mental Health Center, with support from a major fundraising campaign which raised more than \$1.3 million in community contributions. The new Mental Health Center was dedicated on January 12, 1972. Marymount was a 270-bed facility by then with 9,731 admissions, 964 newborns, and 21,177 emergency visits that year.

The next several years saw an expansion of programs and services in arthritis, home health

care, community wellness, cardiac rehabilitation, stress testing, diabetes, and ambulatory surgery. Occupational health and employee assistance programs were launched during this time, and the hospital unveiled The Birth Place – four modern labor/deliver/recovery suites to provide expectant parents a more comfortable, home-like atmosphere during the birthing experience. A mobile MRI unit, added in 1988, enhanced the diagnostic capabilities of the radiology department, and the hospital opened a Sleep Disorders Center in 1989.



State-of-the-art technology and new programs and services were the hallmark of the 1990s. Opening on December 5, 1990, the cardiac catheterization laboratory performed 560 procedures during its first year of operation. The hospital acquired advanced technology including a candela laser, pulmonary function equipment, PCA pumps for patient-controlled anesthesia, a three-head gamma camera, a computer-assisted scoring system for the Sleep Center and computer information systems for medical records, the laboratory, radiology, and human resources.



The healthcare environment changed dramatically during the 1990s, as hospitals sought to align with one another in a climate of increased government regulation and decreased reimbursements.

With a strong commitment to remain faithful to Marymount's Catholic mission, religious traditions, and call to community service, the Sisters consulted with canonists and healthcare experts, studied diligently, met with the Bishop and discerned prayerfully before concurring with a recommendation of the hospital President and

Board Strategic Planning Committee and making a decision to seize an opportunity to partner with a health care delivery system that shared their vision and respected their ability to provide quality services in a faith-based environment.

Marymount Hospital/Cleveland Clinic, A Partnership for Growth and Development

In 1995, Marymount became the first community hospital to become a member of the Cleveland Clinic Health System with the objective to ensure Marymount's ability to be part of the future of health care, while remaining faithful to its mission and values, and maintaining its reputation as a compassionate, efficient, and quality provider.

The relationship was mutually beneficial. The excellent reputation and sound status of the world-renowned Cleveland Clinic would secure Marymount's future in the Cleveland health care market. Marymount Hospital brought added value to the Cleveland Clinic with its location in a growing suburban community, private practice physicians firmly rooted in the community, and an outstanding reputation for quality and service. The partnership provided southeast suburban residents access to the expertise and technology of a nationally-recognized medical and research center. It allowed both entities to share resources and create efficiencies in clinical and operational areas. It gave the Clinic the initial experience it would need in growing a strong regional health system in the years to come. And, the relationship allowed the Sisters, through Marymount Health Care Systems, to maintain Special Member status for oversight of Marymount's Catholic traditions and practices, observance of the Ethical and Religious Directives for Catholic Health Care, membership on the governing board, and active involvement in the selection and hiring of the hospital President as well as ownership of the property.

Marymount Hospital Today

As Marymount Hospital enters its 60th year, the Sisters of St. Joseph of the Third Order of St. Francis continue their role as founder and sponsor and remain actively involved in the governance and strategic planning of the hospital and the intergenerational campus.

On January 18, 2007 the Marymount community celebrated the grand opening of the hospital's new Critical Care Tower. It represents a \$25 million investment in the community and houses a new 30-bed emergency department, and expanded 28-bed intensive care unit, and enhanced imaging, women's and patient access services.



Designed to deliver emergency care with a patient-centered approach, the new facility features a spacious waiting area and private glass-enclosed treatment rooms. The intensive care unit has an innovative circular design, with nursing stations in the center of the units, surrounded by private patient rooms. This design enhances care by allowing nurses to see patients at all times, and it encourages communication between patients, families and the medical team.

Marymount Hospital has evolved into a 322-bed acute care hospital serving communities in southern and southeastern Cuyahoga County. The hospital campus also includes a medical office building, a behavioral health center and the new Critical Care Tower. Specialties include cancer care, cardiology services, diabetes center, vascular surgery, outpatient rehabilitation, stroke care, and women's health. Marymount's medical staff is comprised of more than 600 Cleveland Clinic and private practice physicians and specialists, supported by more than 1,600 employees.

Marymount Hospital is fully accredited by The Joint Commission, the Commission on Cancer, and the College of American Pathologists. It is certified as a Primary Stroke Center by The Joint Commission, and the pain management and rehabilitation centers are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). Marymount is also recognized as one of the "Northcoast 99 Best Places to Work in Northeast Ohio."

Centrally located just east of the I-480/I-77 interchange, Marymount is easily accessible; its service area spans across 13 communities in south/southeast Cuyahoga County. Marymount Hospital is a market leader within these communities, capturing more than 21% of the business within the market. The communities served by Marymount include Garfield Heights, Maple Heights, Cleveland, Bedford, Northfield, Warrensville Heights, Macedonia, Twinsburg, Brecksville, Broadview Heights, and Independence.

To further enhance accessibility within these communities, Marymount has broadened its geographic footprint. Off-site facilities include Marymount Medical Center in Broadview Heights; Marymount Urgent Care in Bainbridge, and Marymount Surgery Center in Garfield Heights.

Marymount Medical Center, Broadview Heights, serves the emerging Broadview Heights, Brecksville, and Independence areas. Its full-service emergency department, staffed by board-certified emergency medicine physicians, treats more than 10,000 patients a year. The center provides comprehensive care by leading physicians and specialists in family practice, internal medicine, obstetrics/gynecology, orthopedics, and pain management. Advanced diagnostic laboratory and imaging services, including MRI, CT scans, and mammography are also available.



The Marymount Surgery Center in Garfield Heights provides advanced multi-specialty outpatient surgery for a variety of medical specialties including endoscopy, general surgery, OB/GYN, ophthalmology, otolaryngology, urology and vascular.

Located in Bainbridge, just minutes from Solon, Aurora, and Chagrin Falls, Marymount Urgent Care offers a wide range of medical services including treatment of minor illnesses and injuries, imaging and laboratory services, and occupational health services.

In the spirit of its founding Order, the Mission of Marymount Hospital is to provide excellent health care guided by the Christian values of service, compassion dignity and respect.

Marymount Hospital, Putting Patients First

In 2007, Marymount Hospital was chosen as one of the first Cleveland Clinic Regional Hospitals to implement a patient-centered model of care which promotes the healing of the mind, body and spirit in a patient-focused environment. Together, employees, physicians, and volunteers embarked upon a journey to put Marymount Hospital's "Patients First."



Important information was gathered from patients during focus groups and facilitated employee retreats helped to learn and integrate the ten components of patient-centered care, upon which all Patients First initiatives are based:

- Access to Information – Providing patients information about their care in an open manner which is easy for them to understand.
- Human Interaction – Providing personalized care for patients and their families as well as creating organizational cultures which support and nurture staff.
- Family, Friends, Volunteers – Involving those who are close to patients in their care.
- Healing Environment – Creating a physical environment within the hospital facilities which promotes and supports the healing process.
- Arts and Environment – Involving art and music into the care of hospital patients.
- Spirituality – Building on the hospital's spiritual foundation to help patients in the healing process.
- Caring Touch – Incorporating massage into the healing process and using it as a powerful way to communicate caring for patients.
- Integrative Therapies – Providing patients a way to include integrative therapies such as



aromatherapy, reiki, yoga, etc., into the conventional healing process.

- Food and Nutrition – Recognizing the connection of food to the comfort of hospital patients and as a way to improve the health of patients. Food has the power to nourish the body and soul of patients.
- Healthy Communities – Involving people in the community in caring for patients improves the connection to those who are served by Marymount Hospital.

Since the inception of the Patients First Initiative, Marymount Hospital has made significant strides in improving the patient experience. Some of the accomplishments include letting patients choose a fresh, healthy meal at a time that works for them from a room service menu; turn down services and light massages before bed; wireless computer access for patients and families; pet therapy; fresh-baked cookies baked on the units to share the “aromas” with patients; patient pals; increased patient transport hours; patient and family advisory council; and special greeters to help patients and visitors at the renovated lobby and entrances.

As the only Catholic hospital in the Cleveland Clinic Regional Hospital System, this initiative affords Marymount a unique opportunity to build on its spiritual foundation to help patients in the healing process. A strong Pastoral Care Department and Governing Board established Mission Effectiveness Committee support and encourage the Patients First initiatives. Additional spirituality initiatives at Marymount include:

- Pastoral Care visits to all new admissions
- Daily morning prayer broadcast throughout the hospital
- Daily Mass in Chapel for family and visitors, televised in patient rooms
- Eucharist offered to patients daily
- Anointing of the sick and opportunities for hearing confessions
- Employee Care Fund
- Employee Food Pantry
- Harp Therapy
- Prayer partners and prayer boards
- Prayer notes and spiritual reading material
- Bereavement classes
- Ladies Guild Mass and May Crowning Ceremony
- Memorial Book and Mass for families of deceased patients
- Memorial Mass to honor deceased members of medical staff



- Annual participation of a key staff member in Assisi Leadership Pilgrimage for Franciscan Sponsored Institutions

Marymount Hospital, Serving the Community

Marymount Hospital provided more than \$15.5 million to support community outreach and charitable care programs in 2008 to ensure that surrounding communities have access to the best medical care. Each year, physicians and staff present more than 100 outreach programs – in women’s health, men’s health, diabetes and stroke education and screenings, flu vaccinations, physician health and wellness talks, and support groups. In each case efforts are made to include un- and under-insured individuals without singling them out.



Hospital employees are actively engaged in hospital-sponsored volunteer activities, one of the longest standing of which is Helping Hands which topped its record by preparing and delivering over 200 food baskets to needy recipients at Christmas time. In 2008 Marymount achieved the most employee service hours among the Cleveland Clinic Regional Hospitals, with a total of 4,324 hours.

Marymount Hospital, Partnering on an Intergenerational Health and Education Campus

As was mentioned in the historical section of this document, Marymount Hospital is located on a unique 52-acre intergenerational campus, a place where education, Franciscan spirituality, and health care have forged a strong partnership in furthering the Mission of the Sisters of St. Joseph of the Third Order of St. Francis, which is to “make God more deeply known and loved, and in doing so, draw all persons to fuller and freer life.”

For the first thirty years of its existence, Marymount Congregational Home served as both a residence for the Sisters and a high school for young women. Today, it provides residences for the Sisters and administrative offices for programs of ministerial outreach. Also located within the Congregational Home, The Marymount Child Care Center provides care for infants through school-age children. Marymount Hospital encourages its employees to take advantage of the child care services and a Marymount employee sits on its



board. The Franciscan Center serves as a gathering place for spiritual direction, faith-sharing, prayer, study and outreach, celebrating the feminine perspective of Franciscan life. Marymount Hospital turns to the Franciscan Center for prayer services for special feasts and for the spiritual preparation needed by those who attend the Assisi Pilgrimage. To meet the future needs of the Sisters and the ministries on the campus, the Congregational Home is completing a year-long total renovation of its infra-structure, HVAC systems, expansion of the Child Care space, renovation of offices, and creation of 28 full-service apartments for the resident Sisters.

Also located on the campus is the Shrine of Our Lady of Czestochowa, a site for Outdoor Masses and a pilgrimage site providing linkage to multiple generations of the Polish American Catholic community. Marymount Hospital employees, patients and visitors are often seen praying at the Shrine or simply enjoying the beauty of nature that surrounds it.



Adjacent to Marymount Congregational Home is The Village at Marymount, a service of Marymount Health Care Systems and another ministry of the Sisters of St. Joseph of the Third Order of St. Francis. The Village at Marymount offers a complete continuum of care including independent and assisted living, skilled nursing, rehabilitation, memory care, hospice and respite care.

Recognizing the value of life in all its stages and transitions, The Village at Marymount includes three centers of care with a total of 246 resident/patient beds:

- Marymount Place, opened in 1988, offers retirement alternatives of independent and assisted living with opportunities for residents to enrich all aspects of life – social, physical, intellectual and spiritual
- Villa St. Joseph, opened in 2007, is a nursing and memory care center, with skilled and intermediate nursing care, rehabilitation, and memory care



neighborhoods

- Clare Hall is dedicated to providing rehabilitation, skilled and intermediate nursing care and hospice care to members of the Sisters of St. Joseph of the Third Order of St. Francis. It was originally the infirmary wing of the Convent, but has been leased, licensed, and operated by Marymount Health Care Systems since 2002.

All of these buildings are physically attached which allows residents and patients to share services and attend events without having to “leave the building” they reside in. Marymount Hospital partners with The Village at Marymount by having physicians, social workers and discharge planners keep Villa St. Joseph as their placement of choice for appropriate patients who will benefit from the services offered. The proximity of hospital, emergency care and senior care facilities on the same campus creates a uniquely positive and appealing “secure” environment for residents and their families.

Trinity High School occupies the southeast corner of the campus. It was housed in Marymount Congregational Home from 1926 until 1956 when it moved into a new building that could accommodate more students. The name has been changed from its original St. Joseph Academy to Marymount High School in 1939 and then to Trinity High School when the all-girls school admitted the first young men in August, 1973. Today, Trinity High School is a coeducational Catholic school for grades 9-12, with approximately 400 students.



As Trinity High School prepares to launch an entirely new educational initiative that will include “institutes” for specialty areas and student internships, Marymount Hospital has forged a vital partnership with the school in the establishment of The Marymount Catholic Health Care Program. This program combines a classic science-oriented, college preparatory curriculum with a focus on the Catholic healthcare ministry, including the Catholic healthcare directives, educational clinical rotations and hands-on training. And, again thanks to Marymount Hospital, Trinity students are also involved in various intern programs at Cleveland Clinic that are expected to grow with the new programs the school will be offering.



Preserving the Future of Catholic Health Care on the Marymount Campus

For the Sisters of St. Joseph of the Third Order of St. Francis, the future of Catholic Health Care/Marymount Hospital is uniquely and deeply integrated with the future of their ministerial presence on the Marymount Intergenerational Health and Education Campus. The Sisters remain committed to and actively involved in working with all the

campus ministries. They do so through the governance structures in which their Elected Leadership is Member with specified reserve powers; by maintaining active membership in CHA, NCEA and other national and local organizations which provide education and advocacy for the ministries; by maintaining Sister board members on each of their institutions; by actively involving as many sisters as possible in ministry and/or volunteer services within the campus ministries. They do so by committing funds annually to help support the Leadership Pilgrimage to Assisi for Franciscan-sponsored institutions; by meeting with and educating the leadership of the ministries to ensure a common understanding of the sponsorship relationship; by ensuring Pastoral Care Services and Board-level Mission Effectiveness Committees in the health care ministries. They do so by building strong relationships with their lay leadership within the ministries, knowing that these bonds of ministerial partnership are a stepping stone to a future without the presence of religious. They do so by recognizing their role as religious in carrying out the mission of the Church, of Jesus, through sponsorship of these ministries; they work to maintain open and transparent communication and cooperation with Church leadership. And, finally, they do so by praying daily for all involved in the ministries and those who are served through them.

