



**Marymount Hospital Diabetes Center**

12300 McCracken Road  
Garfield Heights, Ohio 44125  
**216.587.8246**

[marymount.org](http://marymount.org)

 **Marymount Hospital**  
a Cleveland Clinic hospital

# Diabetes Center



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Marymount Hospital's Diabetes Center is fully accredited by the American Diabetes Association. We offer comprehensive services and personal guidance to help you live a healthy lifestyle. Our goal is to assist you in gaining confidence for your lifelong journey of healthcare. Our Diabetes Center is available to inpatients, outpatients, and the community.

## Living with Diabetes

Nearly 6 million Americans are unaware that they have Diabetes. You may be at risk if you have these symptoms:

- Increased urination
- Unusual fatigue
- Increased thirst
- Dry and itchy skin
- Dry mouth
- Frequent infections
- Change in vision
- Slow healing
- Increased hunger

Different people have different symptoms and some people have no symptoms at all. If you have Diabetes, your physician will refer you to a certified Diabetes education team to assist you in developing an individualized treatment plan.

## We can help.

Marymount Hospital's team of certified Diabetes specialists works one-on-one with each patient to help you maintain a healthy lifestyle through education, nutrition, exercise and ongoing support. We can help you control your diabetes and optimize your ability to live a productive and satisfying life. Our team consists of a certified Diabetes Nurse Educator, Registered Dietitian and Pharmacist.

We provide personal training on:

- Medication management
- Nutrition management and meal planning
- Physical activity
- Blood glucose monitoring
- Goal setting and problem solving
- Gestational management
- Renal disease management

## Insurance

Outpatient services may be reimbursed when you obtain a physician referral. Your individual insurance policy defines the extent of your coverage. If you have any questions regarding insurance coverage, call your insurance carrier or our Diabetes Center at 216.587.8246.

## Diabetes Education

In order to increase public awareness of Diabetes, Marymount Hospital offers free community Diabetes education programs throughout the year. Our team and guest speakers discuss aspects of Diabetes care and self-management. For information on upcoming events, log onto [marymount.org](http://marymount.org).

For more information  
or to schedule an  
appointment, please call  
216.587.8246.

